

ILLUMINATIONS

"Empowering Individuals. Enriching Lives."

<http://www.madisoncounty310board.org>



Summer 2026

Empowering Individuals, Enriching Lives.

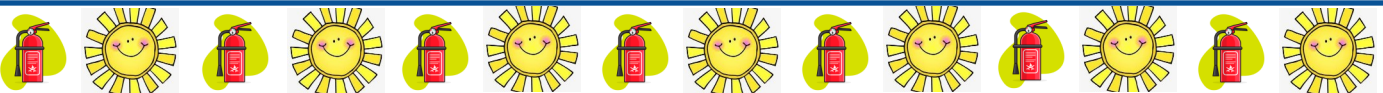
🔥 Sound the Alarm! 🔥 We're **FIRED** up about Safety!



Thank you Monrovia Fire Department for sharing your day and time to teach us about fire safety!

Just a friendly reminder that you can find information regarding local community resources in our virtual resource manual:

<https://www.madisoncounty310board.org/virtual-resource-manual>



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219 Jim Harding Way
Huntsville, Alabama 35806

Phone: (256) 837-5777
Fax: (256) 837-5886

Visit our Virtual Resource Manual and like
"Madison County 310 Board" on Facebook for
information on community resources and
upcoming events.
<https://www.madisoncounty310board.org/>



WHEN THE HEAT AFFECTS YOUR MENTAL HEALTH



SIGNS TO WATCH FOR

- ▲ Behavioral changes (especially impulsivity)
- ▲ Trouble concentrating or remembering
- ▲ Difficulty sleeping
- ▲ Feeling stressed or overwhelmed
- ▲ Mood changes — more depression, irritability, or anxiety
- ▲ Physical symptoms like headaches, dizziness, or nausea

TIPS TO STAY WELL

- 💧 Hydrate
- 🏠 Support your body
- 🧘 Manage stress
- 👥 Stay connected
- ❄️ Keep cool

Your mind matters as much as your physical health, especially in a heatwave.

205.638.PIRC (7472)

PIRC

Psychiatric Intake Response Center (PIRC)



Children's
of Alabama®

HOPE
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Child & Family Services Resource Directory

Welcome to the Child and Family Services Provider Directory

This directory is your guide to the network of service providers across Alabama who support the mental health and well-being of children, adolescents, and their families. Each organization listed plays a vital role in helping young people thrive at home, in school, and in their communities.

The Alabama Department of Mental Health (ADMH) partners with community-based agencies to deliver a wide range of services—ranging from early intervention and in-home supports to intensive outpatient care and crisis response. These services are designed to be youth- and family-driven, culturally competent, and responsive to the unique needs of each child and family.

Whether you're a parent, caregiver, educator, or professional, this directory will help you locate trusted providers offering compassionate, evidence-based care for behavioral health challenges. Together, we are building a stronger, healthier future for Alabama's children and families.

The table of contents below is hyperlinked so you can jump around to the different sections of the directory with ease.

ADMH Community Mental Health Providers

Autism Program	1-800-499-1816
Infant & Early Childhood Programs	
Intellectual Disabilities & Developmental Disabilities Services	1-800-361-4491
Mental Illness Treatment Services	
School Based Mental Health Collaboration Program	1-800-367-0955
Prevention Program	
Substance Use Treatment Services	

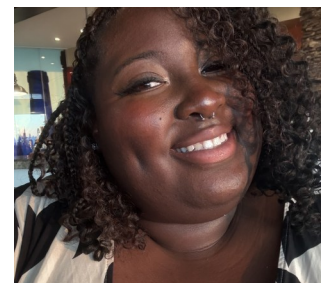
The above resources were shared from the Alabama Department of Mental Health



Sydney Paige

Please help us welcome our
New Support Coordinators
To our Team!

Welcome



Amya Pounds

